

## Middle School February 2024 Breakfast Menu

**Offer vs Serve Meal Pattern:** Students are offered 4 Food Items:  
Meat/Meat Alt, Grain (Whole Grain Rich), Fruit and/or Vegetables, and Milk  
\*Asked to Choose at least 3 Full Items, one of which must be 1/2 cup fruit or vegetable, encouraged to choose all items\*

**Complete Your Breakfast with Ice Cold Assorted Milk**  
(1% White or FF Chocolate)

**Breakfast Price:**  
**Students \$1.50**  
**Students that qualify for free/reduced meals \$0.00**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Raisin Bran Cereal & Bug Bites OR Blueberry Muffin & String Cheese *Fresh Fruit/Juice*	Reese's Puffs Cereal OR Cocoa Puff Cereal Bar w/Cheddar Goldfish Crackers *Applesauce Cup/Juice*
5	6	7	8	9
Birthday Oatmeal Bar OR Cheerios Cereal w/Giant Goldfish Crackers *Applesauce Cup/Juice*	Mini Strawberry Bagel OR Apple or Cherry Frudel Bar *Fresh Fruit/Juice*	Chocolate Chip Oatmeal Bar OR Mini Frosted Wheats w/Scooby Doo Crackers *Fruit Cup/Juice*	Strawberry Poptart OR Chocolate Chip Muffin w/String Cheese *Fresh Fruit/Juice*	Assorted Cereal OR Cinnamon Toast Crunch Bar w/Cheddar Goldfish Crackers *Applesauce Cup/Juice*
12	13	14	15	16
Banana Choc Chip Oatmeal Bar OR Cocoa Puff Cereal & Sport Crackers *Applesauce Cup/Juice*	Mini Cinnamon Pull-Apart OR Honey Nut Cheerios & Giant Goldfish Crackers *Fresh Fruit/Juice*	Chocolate Chip Oatmeal Bar OR Trix Cereal & Scooby Doo Crackers *Fruit Cup/Juice*	Assorted Benefit Bar OR Blueberry Muffin & String Cheese *Fresh Fruit/Juice*	Strawberry Mini Wheats OR Appleway Oatmeal Bar w/Cheddar Goldfish Crackers *Applesauce Cup/Juice*
19	20	21	22	23
<b>Teacher In-service</b> <b>No School</b>	Trix Cereal Bar OR Cinnamon Toast Crunch Cereal w/Sport Crackers *Applesauce Cup/Juice*	Chocolate Chip Oatmeal Bar OR Frosted Flakes Cereal & Scooby Doo Crackers *Fruit Cup/Juice*	Assorted Benefit Bar OR Chocolate Chip Muffin & String Cheese *Fresh Fruit/Juice*	Assorted Cereal OR Birthday Oatmeal Bar w/Cheddar Goldfish Crackers *Applesauce Cup/Juice*
26	27	28	29	
Apple Cinnamon Oatmeal Bar OR Marshmallow Matey's & Giant Goldfish Crackers *Applesauce Cup/Juice*	Assorted Benefit Bar OR Apple or Cherry Frudel Bar *Fresh Fruit/Juice*	Chocolate Chip Oatmeal Bar OR Rice Chex Cereal w/Scooby Doo Crackers *Fruit Cup/Juice*	Raisin Bran Cereal & Bug Bites OR Blueberry Muffin & String Cheese *Fresh Fruit/Juice*	

**\*\*Menus are subject to change due to food availability\***

**This institution is an equal opportunity provider.**